

Old Mutual Health Solutions Dental Benefit Table 2026

Old Mutual Health Solutions (OMHS) Plans*

OMHS Primary Standard Plan

OMHS Primary Standard Plan Direct GP Visit

OMHS Primary Standard with Hospital Plan

OMHS Primary Standard with Hospital Plan Direct GP Visit

OMHS Primary Standard Plus Golden Hour

OMHS Comprehensive Standard

OMHS Comprehensive Plus

OMHS Comprehensive Plus Plan Direct GP Visit

OMHS Comprehensive Advanced

**Please note these are not medical scheme products, they are primary healthcare/hospital indemnity products that are registered within the Demarcation Exemption Framework.*

Dental Benefits

Dental benefits are paid at the DENIS Dental Tariff for dentists and dental therapists only.

ONLY the dental codes listed in the table below will be covered under these products.

Dental benefits are subject to managed care protocols and managed care interventions which may include the requirement of treatment plans and/or radiographs prior to benefit application.

There is no benefit for: Root Canal Therapy, Dentures, Specialised Dentistry, Inhalation Sedation in Dental Rooms, Moderate/Deep Sedation in Dental Rooms and Dental Treatment in hospital.

DENIS Dental Network

Benefits on the following Old Mutual Health Solutions (OMHS) plans are subject to the use of a Network Service Provider on the **DENIS Dental Network**:

OMHS Primary Standard Plan

OMHS Primary Standard Plan Direct GP Visit

OMHS Primary Standard with Hospital Plan

OMHS Primary Standard with Hospital Plan Direct GP Visit

OMHS Primary Standard Plus Golden Hour

OMHS Comprehensive Standard

OMHS Comprehensive Plus

OMHS Comprehensive Plus Plan Direct GP Visit

OMHS Comprehensive Advanced

There will be no benefit for out-of-network visits and treatment.

NOTE - The following products offered by Old Mutual Health Solutions do not include benefits for out-of-hospital dental treatment: *Hospital Plan, Golden Hour, Golden Hour with Hospital Plan, and Golden Hour with Hospital Direct GP Visit.*

Old Mutual Health Solutions Plans:

Primary Standard Plan, Primary Standard Plan Direct GP Visit, Primary Standard with Hospital Plan, Primary Standard with Hospital Plan Direct GP Visit, Primary Standard Plus Golden Hour Plan, Comprehensive Standard Plan, Comprehensive Plus Plan, Comprehensive Plus Plan Direct GP Visit & Comprehensive Advanced Plan

Dental Benefit Table: Conservative Dentistry

Code	Benefit	Limitations
8101	Full mouth examination, charting & treatment planning <i>General Dental Practitioner or Dental Therapist</i>	Two consultations per dependant per year (once every 6 months)
8104	Specific consultation / emergency <i>General Dental Practitioner or Dental Therapist</i>	One specific consultation for pain and sepsis per dependant per year; not within 4 weeks of 8101
8107 and/or 8112	Intraoral X-rays <i>General Dental Practitioner or Dental Therapist</i>	Maximum of 2 X-rays films per visit per dependant
8109 8110 8145	Infection control (gloves & masks) Instrument sterilisation Local anaesthetic if required <i>General Dental Practitioner or Dental Therapist</i>	One set per dependant per visit (One set = 8109 x 2, 8110 x 1) (8145 x 1 if required)
8155 and/or 8159	Cleaning of teeth <i>General Dental Practitioner or Dental Therapist</i>	Two polishing and scaling treatments per dependant per year (once every 6 months 8155 or 8159)
8161	Fluoride treatment (For dependants younger than 12 years of age) <i>General Dental Practitioner or Dental Therapist</i>	Two treatments per year for dependants younger than 12 years of age (once every 6 months)
	Fillings <i>General Dental Practitioner or Dental Therapist</i>	Motivation and records required for more than 5 fillings per dependant per year Motivation required for 3- or 4-surface fillings on wisdom teeth (3 rd Molars) Benefit for fillings is granted once per tooth in 9 months
8341	Amalgam – one surface	
8342	Amalgam – two surfaces	
8343	Amalgam – three surfaces	
8344	Amalgam – four or more surfaces	
8351	Resin – one surface, anterior	
8352	Resin – two surfaces, anterior	
8353	Resin – three surfaces – anterior	
8354	Resin – four or more surfaces, anterior	
8367	Resin – one surface, posterior	
8368	Resin – two surfaces, posterior	
8369	Resin – three surfaces, posterior	
8370	Resin – four or more surfaces, posterior	

Old Mutual Health Solutions Plans:

Primary Standard Plan, Primary Standard Plan Direct GP Visit, Primary Standard with Hospital Plan, Primary Standard with Hospital Plan Direct GP Visit, Primary Standard Plus Golden Hour Plan, Comprehensive Standard Plan, Comprehensive Plus Plan, Comprehensive Plus Plan Direct GP Visit & Comprehensive Advanced Plan

Dental Benefit Table: Conservative Dentistry

Code	Benefit	Limitations
8201	Extractions (removal of teeth) <i>General Dental Practitioner or Dental Therapist</i>	Extraction of tooth or exposed roots
8132	Pulpectomy (pain relief) <i>General Dental Practitioner</i>	Not covered on primary teeth

NOTE - The following products offered by Old Mutual Health Solutions do not include benefits for out-of-hospital dental treatment: *Hospital Plan, Golden Hour, Golden Hour with Hospital Plan, and Golden Hour with Hospital Direct GP Visit.*